



## KUU-US CRISIS LINE

**CHAT & TEXT SUPPORT**

7 DAYS A WEEK • 6pm - 7am

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**REASONS FOR TEXTING:**

- Employment/education
- Residential school
- Child welfare
- Addiction
- Health concerns
- Divorce/separation
- Suicide ideation/survivorship & many more....
- Mental health
- Grief/loss
- Crime
- Abuse
- Peer pressure
- Financial distress

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