

24HR INDIGENOUS SUPPORT SERVICES

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24 HOURS - 7 DAYS PER WEEK  
**KUU-US CRISIS LINE**

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**BULLYING**

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**SUICIDE**

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*Ideations, Attempts, Survivors of...*

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**PEER PRESSURE**

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**EDUCATION**

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*Poor grades, Failing...*

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**RELATIONSHIPS**

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*Friendships, Family, Work...*

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**MENTAL HEALTH**

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*Stress, Depression, Anxiety, Anger...*

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**ADDICTIONS**

*Drugs, Alcohol, Gaming...*

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**VICTIMS OF CRIME**

*Impacted by Social Media, Sexually Assaulted...*

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*Impacted by Social Media, Sexually Assaulted...*

**ABUSE**

*Neglect, Child Welfare, Physical, Sexual...*

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**FINANCIAL**

*Poverty, Homelessness...*

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**GRIEF / LOSS**

*Death, Separation, Divorce...*

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**SELF HARM**

*Self Medicating, Cutting...*

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*Self Medicating, Cutting...*

**Toll Free (BC)**

**1-800-588-8717**

**Adult/Elder**

**250-723=4050**

**Child/Youth**

**250-723=2040**

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**A PLACE WHERE YOU CAN TALK, TRUST AND FEEL**

**HELP IS JUST A CALL OR CLICK AWAY**



First Nations Health Authority  
Health through wellness

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## 24-HR KUU-US CRISIS SERVICES

### Mission Statement:

The **KUU-US Crisis Line Society** is a non-profit registered charity that provides 24 hour crisis services through education, prevention and intervention programs.

**Adult / Elder Line  
250-723-4050**

**Child / Youth Line  
250-723-2040**

**BC Toll Free Line  
1-800-588-8717**



### REASONS FOR CALLING:

- Employment/education
- Residential school
- Child welfare
- Addiction
- Health concerns
- Divorce/separation
- Suicide ideation/survivorship & many more....
- Mental health
- Grief/loss
- Crime
- Abuse
- Peer pressure
- Financial distress

### URGENT NEED SERVICES

- Safety Monitoring
- 24-hr Local Crisis Mobile Outreach
- Community Voicemail
- Covid-19 Health Kits

**NEW! CHAT & TEXT SUPPORT  
7 DAYS A WEEK • 6 pm - 7 am**

**TEXT 778-601-8009 or visit  
[www.kuu-uscrisisline.com](http://www.kuu-uscrisisline.com) to  
chat with our support workers**

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